

PRE-OPERATIVE/POST-OPERATIVE INSTRUCTIONS

PRE-OPERATIVE:

Stop taking the following medications 10 days prior to your surgery date:

Celebrex, Ibuprofen, Aspirin, Vitamin E or Motrin

Nothing to eat or drink after midnight the night prior to your surgery. If you need to take medication first thing in the morning you are to take it with very little water to avoid complications with your anesthesia.

Wear comfortable clothing.

POST-OPERATIVE:

Please provide our office with your pharmacy number for post operative medications that consist of a pain medication, muscle relaxer and an antibiotic.

Contact our office at 713-383-7100 for 10 day post-operative visit.

*Dressing change once daily. **DO NOT APPLY ANTIBIOTIC OINTMENTS OR VITAMIN E CREAMS OVER INCISION.***

Incision is to be cleaned with hydrogen peroxide from top to bottom using a 4x4 gauze. Do not wipe same area more than once with same gauze. Cover incision with clean sterile dressing.

Please contact our office immediately if patient is experiencing a high fever, oozing excessively, swelling and redness around incision.